

ADVOCACY

NYC Department of the Aging / Senior Support Program at Ingersoll Community Center

177 Myrtle Ave
Legal assistance, grandparents support
program and more.
(212) 602-4304

ARTS & CULTURE

Brooklyn Academy of Music (BAM) Senior Cinema

30 Lafayette Ave
FREE 10am movie on 3rd Friday of every
month to seniors 65+, with
complimentary popcorn & soda.
FREE transportation for NYCHA residents.
Reservations required: (718) 636-4122

Brooklyn Navy Yard Center at BLDG 92

63 Flushing Ave
Visit the Exhibition and Visitors' Center
showcasing the past, present and future of
the Brooklyn Navy Yard for FREE.
(718) 907-5992

Pratt Sculpture Park

200 Willoughby Ave
Visit the largest Sculpture Park in NYC
that stretches across entire 25-acre
Brooklyn campus for FREE.

Wallabout Historic Walking Tours

A FREE 60-min walking tour of Wallabout for
Seniors will be held on Tues, Sept. 15th at
10:30am. Join to explore 400 years of local
history. The tour will include a ¾ mile, level
walk. Reservation required:
(718) 230-1689 ext. 6#

CONTINUING EDUCATION

City University of New York (CUNY)
New York State residents who are at
least 60 years old may take tuition-free
undergraduate college courses at any
of the City University of New York's six
community colleges (for credit) and 6
senior colleges (by audit) depending on
availability. General admissions and other
fees are required.
(718) 260-5500 (call for all locations)

HEALTH & WELLNESS

Long Island University
Platinum Sneakers
161 Ashland Pl
Six-week program offering physical fitness
such as yoga, aqua aerobics, cardio
training & more.
(718) 488-1000 ext 3009

St. Francis College Aquatics Center
180 Remsen St
FREE access to competition-sized pool
(718) 522-2300

Willoughby Senior Center
105 North Portland Ave
FREE exercise classes
(718) 875-1011

CONTACT US:

Myrtle Avenue Revitalization Project LDC
(718) 230-1689 ext 5#
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*Senior Resource Guide 2015 was created by the Myrtle Avenue
Revitalization Project LDC with support from New York Community
Trust and NYC Council Member Laurie Cumbo.*

MYRTLE AVENUE ♥ SENIORS

Older adults are 'aging in place' in Fort
Greene and Clinton Hill. There are
nearly 6,000 senior-age adults (age 55
and older) residing in ZIP code 11205
who call the Fort Greene and Clinton
Hill neighborhoods "home". These
residents live in Whitman and Ingersoll
Houses, University Towers, Kingsview
Houses, Willoughby Walk, Clinton Hill
Coops, Navy Yard Houses, as well as
many other apartment buildings and
brownstones surrounding where our
work concentrates: Myrtle Avenue.

We want to make sure that Myrtle
Avenue offers discounts, specials
and community events that make
staying in Fort Greene and Clinton
Hill easy, affordable and enjoyable
for our neighbors as they age. This
guide highlights some of these
neighborhood offerings and resources
and was designed with direction from
the Senior Advisory Council, a group of
30 local seniors.

For more information, visit
myrtleavenue.org/seniorspecials

Senior Resource Guide



2015

SENIOR SPECIALS

FITNESS

- 1 Brooklyn Brazilian Jiu-Jitsu**
412 Myrtle Ave, (718) 403-0067
Classes for seniors. Call for schedule.
- 2 Move with Grace Yoga, Dance & Fitness Studio & Juice Bar**
469 Myrtle Ave, (718) 230-0013
Classes for seniors. Call for schedule.

GROCERIES

- 3 Fresh Fanatic**
88 Washington Ave, (888) 373-7404
FREE local delivery with a \$20 purchase
- 4 Greene-ville Garden**
373 Myrtle Ave, (718) 222-3733
Sign up for discount card for 5-10% off
- 5 Key Food Supermarket**
490 Myrtle Ave - Opening late 2015
FREE local delivery with \$35+ purchase.
Pickups/drop-offs can be arranged.
- 6 NYC Fresh Market**
150 Myrtle Ave, (718) 855-3200
FREE local delivery
- 7 Red Apple Supermarket**
218 Myrtle Ave, (347) 382-8082
FREE local delivery. 10% off on Tuesdays.

PETS

- 9 Green Pets Spa**
572 Myrtle Ave, (718) 230-8300
Dog pick up/drop off. 5% off services.



PHARMACIES

- 10 CVS**
218 Myrtle Ave, (718) 596-2460
FREE local prescription delivery (10-block radius)
- 11 Health Point Drugs**
392 Myrtle Ave, (718) 855-5958
FREE local prescription delivery (1-2 miles). 10% discount on Wednesdays.
- 12 Myrtle Drug Care Corp**
355 Myrtle Ave, (718) 855-2292
10% discount
- 13 Myrtle Pharmacy**
446A Myrtle Ave, (718) 237-4444
FREE local prescription delivery.
10% discount on Tuesdays
- 14 Walgreen's**
379 Myrtle Ave, (718) 403-9112
Friday discounts: 20% off store brands/
15% non-store brands.

- 15 Whitman Pharmacy**
329A Myrtle Ave, (718) 938-0816
Everyday discount

RESTAURANTS

- 10% off on Mondays and/or Tuesdays**
- 16 Brewklyn Grind**
557 Myrtle Ave, (347) 452-8866
- 17 Brooklyn Sweet Spot**
366 Myrtle Ave, (718) 522-2577
- 18 Falafel House**
407 Myrtle Ave, (718) 852-6677
- 19 Five Spot Soul Food & Supper Club**
459 Myrtle Ave, (718) 852-0202
- 20 Liberty Pizza**
482 Myrtle Ave, (718) 789-0600
\$5 lunch special offered throughout the day
- 21 Los Pollitos**
499 Myrtle Ave, (718) 636-6125

- 22 Pushkin Creperie-Bakery**
541 Myrtle Ave, (718) 783-0033

SEAFOOD

- 23 Duncan's Fish Market**
385 Myrtle Ave, (718) 923-1115
5% off on Monday for raw fish/seafood purchases; custom orders possible

WINES / SPIRITS

- 24 Corkscrew Wines Brooklyn**
489 Myrtle Ave, (718) 230-WINE (9463)
FREE local delivery. Special wine tastings.
- 25 Gnarly Vines**
350 Myrtle Ave, (718) 797-3183
FREE local delivery. Special wine tastings.
- 26 Tipsy**
584 Myrtle Ave, (347) 599-1672
FREE local delivery. Special wine tastings.