

LOCAL RESOURCES

SENIOR ADVISORY COUNCIL (SAC)

Call (718)230-1689 ext. 4.

Join the Myrtle Avenue SAC, a collection of local older adults who volunteer to ensure that local business are accomdating senior shoppers, planning affordable and free programing, and connecting other older adults to resources.

SILVER SNEAKERS

SilverSneakers is a fitness program that falls under many Medicare Advantage plans, for seniors of ALL abilities. Membership includes free access to 16,000 participating gyms and fitness centers in the network. This program is available at:

SOUTHBRIDGE FITNESS

322 Myrtle, at Washington Park, (646) 232-4545. Ask about their Move Better, Feel Better fitness and nutrition programing specifically for local older adults.

SENIOR CENTERS

WILLOUGHBY SENIOR CENTER

105 North Portland, (718) 875-1011
FREE exercise & computer classes, meals, activities, & more.

SOCIAL SERVICES

BROOKLYN FAMILY JUSTICE CENTER

350 Jay St, 15th Floor, (718) 250-5113
Domestic violence-related case management, social services, legal counseling, housing, elder abuse & more.

FORT GREENE SNAP

324 Myrtle, at Washington Pk, (718) 694-6957. Grandparents support, computer classes, advocacy & more.

HEIGHTS & HILLS

57 Willoughby St, (718) 596-8789. Case management, caregiver support & more.

SENIOR SUPPORT PROGRAM

At the Ingersoll Community Center, 177 Myrtle, at Prince, (212) 602-4304. Legal assistance, grandparent support & more.

THEATER

BROOKLYN ACADEMY OF MUSIC

30 Lafayette & Ashland (718) 636-4122
FREE 10AM movie on the 3rd Friday of each month to Ages 65+, with free popcorn & soda. Free transportation available to select NYCHA houses. Reservations required.

TDF BROADWAY PASPORT

Gain access to \$20/\$40 tickets to various Broadway plays and musicals. Call (718)230-1689 ext. 4 and ask about signing up for your free Broadway Passport valid for 2 years.

MYRTLE AVENUE SENIORS

Older adults are 'aging in place' in Fort Greene and Clinton Hill. Nearly 8,000 older adultes (age 55 and older) reside within just a couple of blocks of Myrtle Avenue in Fort Greene and Clinton Hill neighborhoods. As our neighbors age, we want to make sure that local businesses provide discounts, specials and free events that make the neighborhood easier, more affordable and enjoyable for local older adults.

This Senior Resource Guide was created with direction from the Myrtle Avenue Senior Advisory Council.

For more information, visit myrtleavenue.org/age-friendly or call (718)230-1689 ext. 4

Contact Us

Myrtle Avenue Brooklyn Partnership
(718) 230-1689 | myrtleavenue.org
hello@myrtleavenue.org

MYRTLE AVENUE

SENIOR RESOURCE GUIDE



***10% WEDNESDAY Discount**

**** DAILY Discounts Available**

BAKERIES & CAFES

BROOKLYN SWEET SPOT*

366 Myrtle, at Adelphi, (347) 916-0494
Senior delivery service available on
Monday & Tuesday before 12pm. Mini-
mum order applies.

CALYER*

519 Myrtle, at Grand, (718) 576-3086

DUNKIN' DONUTS**

513 Myrtle, at Grand, (718) 230-0099
Senior discount for AARP members.

LOCALS BKNY*

332 Myrtle, at Grand, (718) 230-0099
Senior discount for AARP members.

TB COFFEE HOUSE*

578 Myrtle, at Classon, (917) 397-2719

BANKING

BANK OF AMERICA**

449 Myrtle, at Waverly, (718) 852-1548
Advantage for Seniors custom checking

CHASE BANK**

402 Myrtle, at Vanderbilt, (718) 237-2351
Free checking; Sign up bonus for direct
deposit Social Security

CITIBANK**

430 Myrtle, at Clinton, (347) 756-4622
Senior Citizens accounts available

BANKING CONT.

TD BANK**

490 Myrtle, at Hall, (718) 622-3501
TD 60 Plus Checking available

EYEWEAR & EYE EXAMS

DC OPTICS**

390 Myrtle, at Vanderbilt, (347) 504-1121
Seniors 65+, \$80 eye exam (reg \$149),
\$80 Single vision/bifocal lens selection

OPTICAL GALLERY**

446 Myrtle, at Waverly, (718) 246-2020

FITNESS

SOUTHBRIDGE FITNESS CENTER**

322 Myrtle, at Washington Pk,
(646) 232-4545. Senior classes thru
"Silver Sneakers Medicare program."

GROCERY STORES & FOOD

BRAVO SUPERMARKET**

331 Myrtle, at Carlton, (718) 855-3715

FARMER IN THE DELI*

357 Myrtle, at Adelphi, (718) 875-9067

KEY FOOD SUPERMARKET*

492 Myrtle, at Ryerson, (718) 857-5579
Must spend \$75 for free local delivery.

GROCERY STORES & FOOD CONT.

FORT GREENE FRESH PANTRY

177 Myrtle Avenue (corner of Prince
St) and 201 Gold St (corner of Nassau
St). Call (347) 342-1538 for more info.
Free fresh produce and non-perish-
ables available every Saturday
excluding holidays.

MOBILE PHONES

AT&T**

491 Myrtle, at Hall, (718) 210-0211

T-Mobile**

436 Myrtle, at Waverly, (718) 230-4748

Verizon**

364 Myrtle, at Adelphi, (347) 227-7742
Family discounts, inquire within.

PERSONAL WELLNESS

EUROPEAN WAX CENTER*

531 Myrtle, at Steuben, (718) 530-0307

MEGA NAILS & SPA*

383 Myrtle, at Clermont, (718) 596-
1383. MTW Senior Specials for waxing,
and manicure & pedicure packages.

PHARMACIES

MYRTLE DRUG CARE CORP**

355 Myrtle, at Adelphi St, (718) 855-2292

MYRTLE PHARMACY**

446A Myrtle, at Waverly, (718) 237-4444

WHITMAN PHARMACY**

329A Myrtle, at Washington Pk,
(718) 938-0816

RESTAURANTS

DAMAS FALAFEL HOUSE*

407 Myrtle, at Vanderbilt, (718) 852-6677

THE HALAL SPOT*

474 Myrtle, at Hall, (718) 230-4900

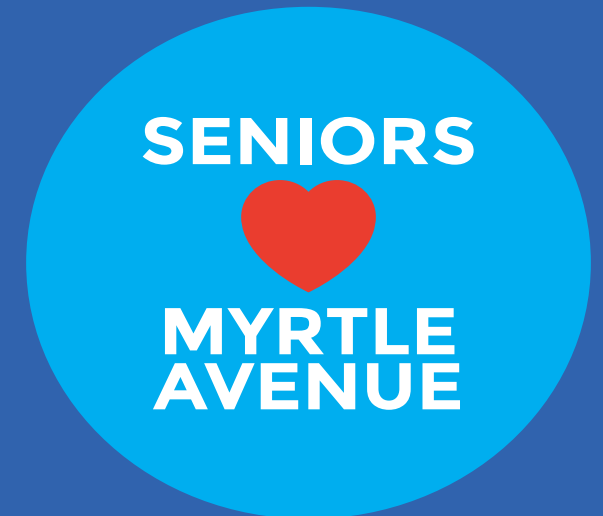
KINARA INDIAN**

368 Myrtle, at Adelphi, (718) 237-4008

SHOPPING

VOODO FE ART SHOP*

572 Myrtle, at Emerson, (631) 943-2370



All specials listed here are for seniors.

Discounts cannot be combined with
any other discount unless specified.

Other restrictions may apply.
Businesses may ask for a Photo ID.